

Preparing for Adulthood - Clinician Crib Sheet

- This Information should be used in conjunction with the “Preparing for Adulthood Review Template – Draft User Guidance”.
- As every patient’s journey will be different in relation to the service they are offered, the young person’s level of understanding, needs and wishes there must be a personalised approach to Preparing for Adulthood/Transition, and this should be reflected in the free text boxes within the template. These are the topics of conversation and rationale to think about at each stage (as a minimum).
- If the person predominantly has support due to capacity/cognition, these themes need to be discussed with Family/Carers.
- These conversations can be part of a standalone treatment or caseload Interventions, an MDT meeting, or as part of more formal reviews such as Education and Health Care Plan meetings or Looked after Child Reviews.

